

When you make mistakes we can see where you need help.

Remember how challenging this was? Look how much you have grown.

You can do it- it's tough but you can; let's break it down in steps.

Let's think about how to improve this section/paragraph/sentence/word choice...

Let's do one together.

Let's master it!!!

I am very proud of you for showing grit. Let's share this success.

The next time you have a challenge like this, what will you do?

How will you challenge yourself next time?

Sorry for wasting your time! Next time I will find something more challenging.

Is this really my best work?	This is too hard.	I'm not good at this.	I'm on the right track.
It's good enough.	Mistakes help me improve.	What am I missing?	I can't make this any better.
I'll use some of the strategies I've learned.	I made a mistake.	I'm bored.	Let me break this down and figure out how to improve some of the pieces.
I give up.	I'll never be as smart as them.	What can I do to make this more challenging?	I already know this.
This may take some time and work.	I'm going to figure out what they do, and try it.	I'm amazing at this.	How can I understand deeper?
	Did I do my very best?	Did I win? Did I lose?	

Highlight the statements that show who you are...

I can learn anything I want to.

My effort and attitude determine everything.

I don't like to be challenged.

Tell me I try hard.

I want to challenge myself.

Tell me I'm smart.

I'm either good at it or I'm not.

When I fail I'm no good.

If you succeed, I feel threatened.

When I fail, I learn.

If you succeed, I'm inspired.

When I'm frustrated, I give up.

My abilities determine everything.

When I'm frustrated, I persevere.